



Sonia Relander



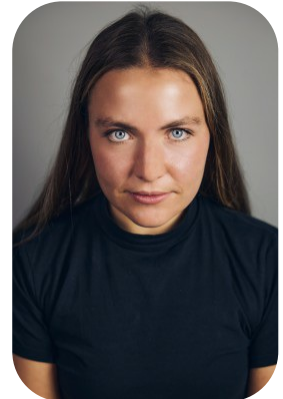
Credits: 10 Trainings: 7 Videos:

1

Age: 31-40	Height: 5ft6inch	Eye Colour: Blue	Accent: Other
Gender:F	Weight: 65kg	Waist: 27.5	
Location: London	Shoe Size: 6	Bust: 32	
Drives: Yes	Hair Color: Blonde	Hips: 36.5	

Talents

COMMERCIAL MODELS, PROFESSIONAL ACTORS, ATHLETES



Additional Talents:

STUNT SWIM BIKE GYM FITNESS

PERSONAL TRAINER

[Sonia Relander Profile](#)

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MUAY THAI BOXING MMA

WEAPONS KATANA STAFF KNIFE AXE SHIELD FIRE ARMS

DRUMS UKULELE

Credits:

Years of Production	Production Name	Role
2025	Love of Your Life	Birthday Party Guest
2025	EXP WAR	Main Characters Colleague
2024	Jay Kelly	Production Runner
2023	The Gentlemen	Boxer
2022	Ted Lasso	Runner
2020	The Rock - fight	Fighter
2018	Under the Bridge - fight	Fighter
2018	Hill top - fight	Fighter
2018	The Factory - fight	Fighter
2015	The Dolls House	Various characters

Trainings:

Acting Course	IDSA
Acting Course	Rose Bruford
Casting Agent Work Shop - Chandra Ruegg	Run At It Shouting
Casting Director Intensive - Sarah O’Gorman	Run At It Shouting
Chekhov Technique	Chekhov Studio International - Los Angeles
Stunt Training - various disciplines	AP8 Action Pact
Stunt Training - various disciplines	#Rule10 x Take3

FOR ANY INQUIRIES PLEASE CONTACT US

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